Criteria that it used for determining the Athlete of the Year Awards:

- 1-The Athlete of the Year Award is given out annually to one junior high male athlete and one junior high female athlete along with one high school male and one female high school female athlete
- 2-Great Attitude on and off the court/field
- 3-Commitment to the team
- 4-Being a leader on the team
- 5-Willing to help, teach and assist their teammates
- 6-Positive Sportsmanship shown amongst their teammates, opponents and officials
- 7-Succeeding in the classroom by being eligible for every game or meet throughout the sports seasons
- 8-A multi-sport athlete who participates in a minimum of 2 sports throughout the same school year
- 9-Exhibit top performance as a scholar athlete
- 10-Always does what they are supposed to be doing when they are supposed to be doing it